

Client Testimonials

Female 45-50 with Tennis/ Golfers Elbow

I was suffering from chronic tennis/golfers elbow in my right arm, with constant pain and restrictive movement that resulted in me having to leave my job.

The specialist suggested I undertake treatment before resorting to surgery. This treatment has returned my lift to me. Friends say I have my 'bounce' back.

Male 60-65 with Knee Pain

Having suffered with severe knee pain for several months, I thought surgery was my old answer. I am now pain-free again.

Thanks for getting me back on my feet, without the need for surgery.

Female 75+ with tendonitis

Developed tendonitis; foot improved over the weeks I attended. Now it is completely better.

Male 55-60 with Neck Pain

I was suffering with a lot of neck pain, tense upper arm muscles as well as a painful right shoulder.

I now have no pain and sleep normally! I feel far less stressed and a feeling of being healthier.